

What to bring to RYLA

Clothing

- Combination of shorts/pants and shirts for 5 days – many of the activities will be held outside
- Casual outfit to wear to the RYLA dance
- Shoes suitable for running and playing outdoor games during the day
- “Shower shoes” (like flip-flops) to wear in the shower
- Rain gear, especially jacket
- Light jacket/sweatshirt for night
- Sleepwear
- Hat (optional)

Other items

- All bathroom things needed
 - soap, shampoo, toothbrush, etc
 - deodorant
 - towels and washcloth
 - anything else necessary - contacts, glasses, lotion, shaving gear, etc.
- Bedding – Sheets and blankets or sleeping bag (recommended), pillow and pillowcase
- Backpack or bag to carry materials during the day
- Water bottle
- Sunscreen and sunglasses
- Paper and pen
- Cell phone, laptop computers or iPads and chargers
- Alarm (or use cell phone for alarm in dorm)
- Musical instrument (if wanted for the talent show)
- Insect repellent
- Laundry bag

Things Not to Bring

- Food or snacks
- No need to bring any money, except possibly travel to and from the conference.
- Drugs
- Alcohol
- Tobacco
- Knives, guns or any weapon